



Gospel Light®

HOME DISCUSSION GUIDE
for ages 2-5 years

WINTER A
Lesson 8

What Do You Need?

God gives us what we need.

See Philippians 4:19

Preschoolers are used to being taken care of. Help them to see that it is Jesus taking care of them. When we have snacks or meals, I say, **This milk came from a cow. God created the cow and gave her grass to eat. She gave milk so you could grow healthy and strong.** When we eat apples, I explain, **God created the apple tree to make apples so we can be healthy.** I ask my preschooler, “Where did these carrots come from?” “Who gives us good food?” **God gives us the good food we need.**

Try This:

With pretend food, we reenact the Bible story where Jesus fed the thousands of people who were hungry with just a few fish and pieces of bread. Jesus blessed the food and there was enough to feed everyone with extra to spare. We are amazed together at how Jesus loves us and gives us what we need.